

## Quiet Time #1

*Say a prayer asking God to quiet your mind, help you focus on him, and allow you to experience his presence. Specifically, ask God to humble you and allow you to honestly evaluate your relationship with Him, being honest with yourself and Him.*

1. Who is Christ to you? How do you perceive Christ? Is He a judge? Is He watching your every move to catch you doing something wrong? Is He a provider of materialistic things or earthly blessings? Is he a spouse?
2. Do you desire to have a relationship with Him? If so, what motivates you? If not, what prevents/scares you?
3. Read Isaiah 54:5-7 and Hosea 2:19-20. Write your meditations and thoughts.
4. The Bible says that Christ is your Bridegroom He is your spouse. What are your expectations of marriage? What are your expectations of a spouse? What are your dreams for marriage?
5. Read 2 Timothy 2:13, 2 Thessalonians 3:3, Romans 5:6-11, and Isaiah 53:3-6. Write your meditations and thoughts. Compare your expectations from question 4 to Christ's promises in these verses.
6. Read John 12:47 and Ephesians 5:25-28. Christ has not come to set laws or rules. He has come to give you "*life, and that [you] may have it more abundantly.*" (John

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10:10). Read his promises to you in Romans 8:29-30, John 10:28-29, John 14:2-3. Write your meditations and thoughts.

*Think about Talk 1, the video, and the verses you just read. Reflect on God's amazing love and acceptance. Write a prayer in response to His great love. In your prayer, thank Him for His amazing grace and ask Him to allow you to trust in and experience His love.*